



3v3 Tournament Description and Rules

Description:

River City Lacrosse is hosting a 3v3 tournament at the Sportsplex in St. Charles, IL! Games will be played on a short field, with box goals and shooting boards! 3v3 is a core concept in lacrosse. Competitions like this stress good fundamentals, teamwork, balanced offense and defensive concepts.

Equipment:

- 6U – 8U | No protective equipment required. Soft ball, no contact divisions.
- 10U – 14U | Full pads required. Limited contact allowed.
- JV – Varsity | Full pads required. Limited contact allowed.

How many players on a team?

- Teams should be made of at least 4 players, maximum of 6 players.
 - Gives your team needed subs and tons of playing time!

Rules:

- All teams must have an adult (18+) as team representative.
 - This person is responsible for:
 - Team waivers and check in
 - Getting team to correct fields on time.
 - Being on sideline with team during games.
- 12 minute games, running clock.
 - No timeouts
- Face-off at center field to begin game.
- 3 players per team on the field.

- No goalies
- Short sticks only
- No off-sides, all players can play both offense and defense.
- After a goal, play restarts with a clear.
- 6U – 8U
 - No contact of any kind. Including stick checks.
 - Defense is played by keeping opponent in front of you.
 - Penalties result in substitution and turnover.
- 10U – Varsity
 - Limited contact. NO contact on the boards.
 - Stick checks allowed, NO one handed or wrap.
 - No take out checks or open field hits.
 - Penalties result in 30 second non releasable penalty.
- Ball is constantly in play, unless it goes onto other field.
 - Ref will decide possession.
- Substitutions can be made on the fly during game play.
- Games start on time. If a team is not ready at the horn, they are assessed a penalty (30sec non releasable) to start game.
- Games ending in tie are decided by sudden death half-court shot. Each team get the opportunity for a shot
- Teams with tied records will be decided in the following order.
 - Head to Head
 - Least goals against
 - Coin flip
- Have Fun!

Questions or Concerns:

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